

Weekly Newsletter

January 29, 2024

Bear Link App

The Bear Link app (Modern Campus Involve) was successfully tested out at the ChaTea event in the MRC this past Thursday. Therefore, it is highly recommended that all scholars, if able to, download and install the app to their phones. This app will now replace the QR code that you are used to scanning at events hosted by Multicultural Services and Multicultural Programs.

You will still need to submit your events and Group Connects in Bb as well. You will also be sent an invite to join the Multicultural Services organization that you will need accept as soon as possible.

Adopt-A-Street Dates

**SATURDAYS
@ 9:00 AM**

- March 23rd
- April 13th
- May 4th

Sign up at bit.ly/SP24AAS





Group Connect

The first Group Connect has been scheduled for Monday, February 12th at 3:30 PM in PSU 308. This Group Connect will have a faculty panel made up of Dr. Abby Templer Rodrigues, Dr. Ximena Uribe-Zarain, and Dr. Sarah Mellors-Rodriguez. The panel will answer questions that students have regarding the deeper role faculty members play in their college career goals.

LAST CALL!!!

This is your last chance to sign up for the Toolbelts and Bowties Calling Campaign for Habitat for Humanity's annual fundraiser. Volunteers are still needed to participate in this opportunity. You can sign up for the training session being held on Feb. 1st from 6PM-8PM in PSU 315 at <https://forms.gle/RUrsQscB4LnVrx4s7>.



Contact us at

IES@MissouriState.edu

JANUARY EVENTS



Missouri
State

OFFICE of
MULTICULTURAL
PROGRAMS

LGBTQ+
STUDENT SERVICES



CAMPUS
RECREATION

Inclusive Yoga 2:00-3:00PM, Rec Center



Join the Multicultural Resource Center staff in some mindful yoga at the Rec Center. Created with accessibility and comfort in mind for our students. Let's start the semester right! Event is sponsored by the MRC and the REC center. All students welcome.



Cha-Tea 2:00-4:00PM, MRC

Travel the world by tasting Native American tea. Pop into the MRC for some tea, snacks, and a chance to get to know the MRC staff & ask questions. Faculty & Staff are welcome to join.

Welcome to My Thrift Shop 1:00-3:00PM, MRC

Hey, you want to go thrift shopping? Come check out our FREE shoes, jewelry, coats, shirts, pants, professional wear, and more that will be on display in the MRC! All students are welcome!



To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.



FEBRUARY EVENTS

01

Thursday Talk: Bag Life, MRC, 1:00-2:00 PM

Join our graduate assistant to talk about the experiences of black student entrepreneurs.

06

Multicultural Love Panel, PSU 315, 5:00-6:30 PM

Listen to our panelists discuss multicultural love and hear from couples of different identities and generations. Faculty & Staff are welcome to join.

13

Chat Tea with RHA, MRC, 1:00-3:30 PM

Partnered with RHA, come enjoy an array of tea and snacks over friendly conversation! Faculty & Staff are welcome to join.

15

Canvas Painting, PSU Food Court, 5:30-7:00 PM

Take on the task of painting a one-of-a-kind masterpiece while enjoying and singing along to hip-hop and R&B music.

16

Movie Night w/SAC, PSU Theatre 7:00-9:00 PM

Watch a LGBTQ+ friendly movie and enjoy some snacks!
Sponsored by SAC & the MRC.

20

Speaker Night w/SAC, PSU Theatre 7:00-8:00 PM

Hear from our Black History Month speaker. Stay tuned for the mystery speaker!
Sponsored by SAC & the MRC. Faculty & Staff are welcome to join.

21

Love, Sex & Relationships, MRC, 3:00-4:00 PM

Partnered with MSU's Psychology department, come discuss the depths between love, sex, and relationships!

23

Sneaker Ball, PSU Ballroom, 7:00-10:00 PM

Dress in your best formal attire and sneakers and attend the hip-hop sneaker ball!



OFFICE of
MULTICULTURAL
PROGRAMS



To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.

Schedule of Events

- Plains style Moccasin Class, make and take with you. Saturday, January 20, 2023 12-4 pm. The Fairbanks gym 1126 N Broadway Ave, Springfield MO. \$40 fee due at registration. Limited seating register early.
- Plains style Moccasin Class, make and take with you. Sunday, January 21, 2023 12-4 pm. The Fairbanks gym 1126 N Broadway Ave, Springfield MO. \$40 fee due at registration. Limited seating register early.
- Kids craft class January 23, 2024 Tube Animals 5:30-6:30 PM
- Making Valentines to send to the Cherokee nation Veterans. Everything provided. 5:30 - 6:30 pm January 30, 2024
- Bow making class ongoing Wednesday January 31, 2023 6-8 PM. Every other Wednesday. At AICS 1126 N Broadway Ave
- Garage Sale February 3, 2024 at the Fairbanks 1126 N Broadway
- Making Valentines for you someone you love (Mom, Dad, Aunt, Uncle, Gramma, Grampa, Secret crush) Everything provided. 5:30 - 6:30 pm. February 6, 2024.
- Shawl Class February 24, 2024. \$30 per person. Call to register
- Kids plant medicine class February 25, 2024. 1-3 PM

The American Indian Center of Springfield is a 501c3 non profit charitable organization.

We accept all donations to support our organization to aid in assisting the local Native American Community.



American Indian Center
Springfield, MO

January 2024

Missouri State
RESIDENCE LIFE,
HOUSING AND
DINING SERVICES

**INCLUSIVE
ENGAGEMENT
COMMITTEE**

Campus Events | Residence Life Events | Community Events

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--|--|--|---|---------------------------------------|--|
| | 1 New Year's Day Shogatsu (Japanese Heritage) Solemnity of Mary (Christianity) | 2 | 3 | 4 World Braille Day | 5 | 6 Morning Meditation 9a |
| 7 GLO's Banned Book Club 1p Refuge 3p Eastern Orthodox Christmas | 8 | 9 | 10 Lunar New Year—Dragon (Chinese Heritage) | 11 Inclusion Awareness: A Conversation 4p Human Trafficking Awareness Day | 12 Voter Registration Town Hall 6p | 13 Morning Meditation 9a Movie Screening: Good Trouble 12p |
| 14 Refuge 3p | 15 MLK March with Springfield NAACP 8a MLK Day of Service 9a Makar Sankranti (Hindu) MLK Jr. Day | 16 Liberate 8p | 17 | 18 | 19 | 20 Morning Meditation 9a |
| 21 Refuge 3p | 22 | 23 Inclusive Yoga 2p Liberate 8p | 24 | 25 Cha-TEA Time 2p Mahayana New Year (Hindu) Tu B'Shvat (Judaism) | 26 | 27 Morning Meditation 9a |
| 28 Refuge 3p | 29 Welcome to My Thrift Shop 1p | 30 Liberate 8p | 31 | RESOURCES | | |

- * Stalking Awareness Month
- * National Braille Literacy Month
- * National Slavery & Human Trafficking Prevention Month

X @MoStRLInclusive

MSU Counseling Center: Office Hours of Monday-Friday 8am-5pm. Info regarding Workshops, Mental Health Ambassadors & more at counselingcenter.missouristate.edu

GLO Center: Serving the Ozarks' LGBTQIA+ community (Game Nights, Adult Neurodiverse group, Aces & Aros group, Young Adult group & more). Full calendar of GLO Center events & groups at glocenter.org/event-calendar

Conversation Circles

Hosted by the English Language Institute

Tuesdays from 3:30 to 4:30

Thursdays from 5:30 to 6:30

Free!

Light refreshments served!

301 S. Jefferson Ave. - downtown - room 500

*On the MSU GOLD shuttle route!



BSAMSU PRESENTS

WE ARE BANGLADESH

CULTURE-SHARING EVENT WITH FREE TRADITIONAL FOOD, CULTURAL PERFORMANCES, AND GAMES.



FEB 03 2024
SAT
6 PM

PLASTER STUDENT UNION
WEST BALLROOM

February 2024

Black History Heritage Month

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|---|--|--|--|---|
| <p>Campus Events Residence Life Events Community Events</p> <p>X @MoStRLInclusive</p> | | | | <p>1 Thursday Talk: Bag Life 1p PROMO Happy Hour Fundraiser 5p Conversation Circles 5:30p</p> <p>Imbolc (Pagan/Wiccan)</p> | <p>2</p> | <p>3 Morning Meditation 9a We Are Bangladesh 6p</p> |
| <p>4 GLO's Banned Book Club 1p Refuge 3p</p> | <p>5 Queer in the Ozarks Support Group 5:30p</p> | <p>6 Understanding Diversity & Mental Health (Part 1) 12p Grief & Loss 1:30p Conversation Circles 3:30p</p> | <p>7 Safe Zone Training 9a Family Boundaries 10a Multicultural Love Panel 5p</p> | <p>8 Finding Balance: Strategies for Navigating Alcohol & Drug Use in College 3p Managing Social Anxiety 3p Conversation Circles 5:30p</p> | <p>9 Arc of the Ozarks Autism & Neurodevelopmental Center Grand Opening 10a MBA Heritage Awards Banquet 6p</p> | <p>10 Morning Meditation 9a</p> <p>Chinese Lunar New Year</p> |
| <p>11 Refuge 3p</p> | <p>12 Stress Management 8:30a NAACP 115th Founders Day 6:30p</p> | <p>13 Chat-Tea with RHA 1p Managing Depression 1:30p Conversation Circles 3:30p</p> | <p>14 Ash Wednesday (Christian) Vasant Pachami (Hindu)</p> | <p>15 Overcoming Perfectionism 10a Conversation Circles 5:30p Canvas Painting 5:30p</p> | <p>16 Strong Mind, Powerful Self 4p Movie Night with SAC & Multicultural Programs 7p</p> | <p>17 Morning Meditation 9a</p> |
| <p>18 Refuge 3p</p> | <p>19 Asexual Support Group 6p</p> <p>President's Day MSU Offices Closed</p> | <p>20 Emotion Regulation 11a Conversation Circles 3:30p Black History Month Speaker 7p</p> | <p>21 Love, Sex, & Relationships 3p</p> | <p>22 Conversation Circles 5:30p</p> | <p>23 Mindfulness 3p Sneaker Ball 7p</p> | <p>24 Morning Meditation 9a</p> <p>Lantern Festival (Chinese Heritage)</p> |
| <p>25 Refuge 3p</p> | <p>26</p> | <p>27 Understanding Diversity & Mental Health (Part 2) 12p Safe Zone Training 2p Conversation Circles 3:30p</p> | <p>28 Healthy Relationships 11a WIN Speaker Danica Patrick 7p</p> | <p>29 Conversation Circles 5:30p Drag Queen Bingo 7p</p> <p>Leap Day</p> | <p>Missouri State RESIDENCE LIFE, HOUSING AND DINING SERVICES</p> | <p>INCLUSIVE ENGAGEMENT COMMITTEE</p> |

MSU Counseling Center



Looking for more inclusive spaces in Springfield? Check out All Things Diverse SGF on Facebook or download their app at the QR Code below!

