

WEEKLY NEWSLETTER

JANUARY 22, 2024



BEAR UP MENTOR PROGRAM

IES and TRIO Upward Bound at MSU are partnering together to create the inaugural Bear Up Mentor Program (B.U.M.P.) this spring. Nicholas Horne, Director of TRIO Upward Bound, will give an informational meeting about this new program on **Friday, January 26th via Zoom at 1:00 PM**. See the flyer below for more information about this program and how to RSVP to the meeting. B.U.M.P. is a chance to impact the lives of high school students and potential Bears, while also earning service hours and leadership development. If you have any questions, please contact Mr. Horne at nhorne@missouristate.edu.



1 SERVICE OPPORTUNITY

Toolbelts and Bowties



CALLING CAMPAIGN VOLUNTEERS NEEDED

Volunteer from the comfort of your own home!
Training will be Feb. 1, 2024
PSU 315
6:00 PM - 8:00 PM

To sign up, click the "Toolbelts and Bowties Calling Campaign" link at: <https://linktr.ee/msuHabit>

Missouri State



Volunteers are still needed for the annual Toolbelts and Bowties Calling Campaign for Habitat for Humanity. There will be a training session held on Thursday, Feb. 1st from 6:00pm - 8:00pm in PSU 315. Please sign-up to attend this training at the following link: <https://forms.gle/RUrsQscB4LnVrx4s7>. This an easy and great opportunity to complete service hours without having to leave your dorm/apartment/home. All you need is a reliable phone with service.

2 GROUP CONNECTS

Group Connects are still in the works and will be announced as soon as they have all been scheduled. Some topics that will be covered this semester are a connection with a faculty panel, promoting wellness, resources at Magers Health & Wellness Center, connect with Student Government Association, and more! Your patience is greatly appreciated as we work to finalize the Group Connects.



3 ADOPT-A-STREET CLEAN UP

Multicultural Services had a very successful semester of volunteers to help clean up the street the office has adopted. Dates for the spring clean ups will be communicated in the next issue of the newsletter on Jan. 29th. Just like last semester a SignUpGenius page will be created for scholars to sign up to volunteer for a day or two. An MSU and City of Springfield liability waiver must be on file prior to the date of the cleanup in order for volunteers to participate.



@MOSTATEMS





BEAR UP Mentor Program

Learn more about
TRIO Upward Bound at
MSU:
trio.missouristate.edu

Have you ever been apart of an organization like Big Brothers, Big Sisters, Boys and Girls Club, scouts? Have experience as a camp counselor or youth group leader? Mentors are needed to assist high school students in our TRIO Upward Bound Program.

Students studying education, psychology, social work, sociology, or business are preferred, but all with interest are welcome. Prior youth experience is helpful, prior TRIO experience will be considered as well. Mentors must have reliable transportation. All mentors will receive background checks

INFORMATIONAL MEETING

- Friday, January 26, 2024
- 1:00 PM
- Zoom: bit.ly/IESTRIO
- **RSVP: <https://forms.office.com/r/pys2sf9cvw>**

TRIO Upward Bound provides a college preparation program for Springfield high school students from Parkview, Central, and Hillcrest.

**Missouri
State**
INCLUSIVE
EXCELLENCE
SCHOLARS

TRIO
UPWARD BOUND

JANUARY EVENTS



Missouri State

OFFICE of MULTICULTURAL PROGRAMS

LGBTQ+ STUDENT SERVICES



Inclusive Yoga 2:00-3:00PM, Rec Center



Join the Multicultural Resource Center staff in some mindful yoga at the Rec Center. Created with accessibility and comfort in mind for our students. Let's start the semester right! Event is sponsored by the MRC and the REC center. All students welcome.

Cha-Tea 2:00-4:00PM, MRC



Travel the world by tasting Native American tea. Pop into the MRC for some tea, snacks, and a chance to get to know the MRC staff & ask questions. Faculty & Staff are welcome to join.

Welcome to My Thrift Shop 1:00-3:00PM, MRC



Hey, you want to go thrift shopping? Come check out our FREE shoes, jewelry, coats, shirts, pants, professional wear, and more that will be on display in the MRC! All students are welcome!

To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.



- Plains style Moccasin Class, make and take with you. Saturday, January 20, 2023 12-4 pm. The Fairbanks gym 1126 N Broadway Ave, Springfield MO. \$40 fee due at registration. Limited seating register early.
- Plains style Moccasin Class, make and take with you. Sunday, January 21, 2023 12-4 pm. The Fairbanks gym 1126 N Broadway Ave, Springfield MO. \$40 fee due at registration. Limited seating register early.
- Kids craft class January 23, 2024 Tube Animals 5:30-6:30 PM
- Making Valentines to send to the Cherokee nation Veterans. Everything provided. 5:30 - 6:30 pm January 30, 2024
- Bow making class ongoing Wednesday January 31, 2023 6-8 PM. Every other Wednesday. At AICS 1126 N Broadway Ave
- Garage Sale February 3, 2024 at the Fairbanks 1126 N Broadway
- Making Valentines for you someone you love (Mom, Dad, Aunt, Uncle, Gramma, Grampa, Secret crush) Everything provided. 5:30 - 6:30 pm. February 6, 2024.
- Shawl Class February 24, 2024. \$30 per person. Call to register
- Kids plant medicine class February 25, 2024. 1-3 PM

The American Indian Center of Springfield is a 501c3 non-profit charitable organization. We accept all donations to support our organization to aid in assisting the local Native American Community.



January 2024

Campus Events | Residence Life Events | Community Events

Missouri State
RESIDENCE LIFE,
HOUSING AND
DINING SERVICES

**INCLUSIVE
ENGAGEMENT
COMMITTEE**

SUN	MON	TUE	WED	THU	FRI	SAT
	1 New Year's Day Shogatsu (Japanese Heritage) Solemnity of Mary (Christianity)	2	3	4 World Braille Day	5	6 Morning Meditation 9a
7 GLO's Banned Book Club 1p Refuge 3p Eastern Orthodox Christmas	8	9	10 Lunar New Year—Dragon (Chinese Heritage)	11 Inclusion Awareness: A Conversation 4p Human Trafficking Awareness Day	12 Voter Registration Town Hall 6p	13 Morning Meditation 9a Movie Screening: Good Trouble 12p
14 Refuge 3p	15 MLK March with Springfield NAACP 8a MLK Day of Service 9a Makar Sankranti (Hindu) MLK Jr. Day	16 Liberate 8p	17	18	19	20 Morning Meditation 9a
21 Refuge 3p	22	23 Inclusive Yoga 2p Liberate 8p	24	25 Cha-TEA Time 2p Mahayana New Year (Hindu) Tu B'Shvat (Judaism)	26	27 Morning Meditation 9a
28 Refuge 3p	29 Welcome to My Thrift Shop 1p	30 Liberate 8p	31	RESOURCES		

- * Stalking Awareness Month
- * National Braille Literacy Month
- * National Slavery & Human Trafficking Prevention Month

X @MoStRLInclusive

MSU Counseling Center: Office Hours of Monday-Friday 8am-5pm. Info regarding Workshops, Mental Health Ambassadors & more at counselingcenter.missouristate.edu





GLO Center: Serving the Ozarks' LGBTQIA+ community (Game Nights, Adult Neurodiverse group, Aces & Aros group, Young Adult group & more). Full calendar of GLO Center events & groups at glocenter.org/event-calendar

FEBRUARY EVENTS

- 01 Thursday Talk: Bag Life, MRC, 1:00-2:00 PM**
Join our graduate assistant to talk about the experiences of black student entrepreneurs.
- 06 Multicultural Love Panel, PSU 315, 5:00-6:30 PM**
Listen to our panelists discuss multicultural love and hear from couples of different identities and generations. Faculty & Staff are welcome to join.
- 13 Chat Tea with RHA, MRC, 1:00-3:30 PM**
Partnered with RHA, come enjoy an array of tea and snacks over friendly conversation! Faculty & Staff are welcome to join.
- 15 Canvas Painting, PSU Food Court, 5:30-7:00 PM**
Take on the task of painting a one-of-a-kind masterpiece while enjoying and singing along to hip-hop and R&B music.
- 16 Movie Night w/SAC, PSU Theatre 7:00-9:00 PM**
Watch a LGBTQ+ friendly movie and enjoy some snacks!
Sponsored by SAC & the MRC.
- 20 Speaker Night w/SAC, PSU Theatre 7:00-8:00 PM**
Hear from our Black History Month speaker. Stay tuned for the mystery speaker!
Sponsored by SAC & the MRC. Faculty & Staff are welcome to join.
- 21 Love, Sex & Relationships, MRC, 3:00-4:00 PM**
Partnered with MSU's Psychology department, come discuss the depths between love, sex, and relationships!
- 23 Sneaker Ball, PSU Ballroom, 7:00-10:00 PM**
Dress in your best formal attire and sneakers and attend the hip-hop sneaker ball!

Missouri State OFFICE of MULTICULTURAL PROGRAMS   To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.

March Events

-     **1 DISABILITY AWARENESS PANEL, 1-2P, MRC**
Listen to our panelists discuss their lived experiences of being disabled on Zero Discrimination Day. Faculty & Staff are welcome to join!
- 5 WOMEN'S HISTORY MONTH SPEAKER, 7-8P, PSU THEATRE**
Sponsored by SAC & MRC. Join us for a speaker that will be announced by SAC closer to day of event. Free food will be offered. Faculty & staff are welcome to join.
- 7 INTERFAITH PANEL, 6-7:30P, MRC**
Hear from peers about their experiences of faith and spirituality. All students are welcome to attend!
- 19 FINDING PEACE CIRCLE, 3:30-5P, MRC**
Join us with MSU's Sister Circle for journaling and meditation. Supplies will be provided.
- 20 GAME NIGHT, 6-8P, MRC**
Come play card & board games and enjoy our free ice cream bar! We can't wait to see you there!
- 24 BRUNCH & BONDING, 11-1P, WELCOME CENTER**
A free brunch will be offered and we will hear from leaders in our community about what they do for the Springfield, MO area.
- 25 TRANS VISIBILITY: SELF-CONCEPT COLLAGE, 2:30-3:30P, MRC**
Let's create a self-concept collage! Who are you? Supplies will be provided. All you have to do is show up and create! All are welcome!
- 27 CHA-TEA TIME, 2-4P, MRC**
Partnered with MSU's URSI Latinx, Mexican Hot Chocolate and tea will be offered! Pop into the MRC for some new beverage delights and snacks and say hi to the MRC staff!

To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.

APRIL EVENTS

All students welcome!

- 4th Aromantic & Asexual Panel, MRC 5-6:30pm**
Join us at the MRC and hear about experiences surrounding aromantic and asexual individuals.
- 12th Rhythm & Flow, PSU Theater 6:30-10pm**
Come and enjoy a fashion show and a rap showcase with our local artists.
- 16th Speaker with SAC, PSU Theater 7-8pm**
Hear from our APIDA Month speaker. Stay tuned for the mystery speaker!
Sponsored by SAC & the MRC. Faculty & Staff are welcome to join.
- 17th Chat Tea MRC 2-4pm**
Travel the world by tasting tea from Asia. Pop into the MRC for some tea, snacks, and a chance to mingle amongst each other!
- 25th Tour of Asia MRC 6-8pm**
Let's tour the Asia right here at the MRC. Join us for an evening filled with new experiences, authentic food, and amazing student organizations.
- 26th Lesbian visibility day Art and Archives MRC All Day Display**
Celebrate the inclusiveness through art and history. Visit the MRC and get exposed to the archival data.

To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.

Missouri State OFFICE of MULTICULTURAL PROGRAMS **LGBTQ+ STUDENT SERVICES**

MAY EVENTS

- 01 Cha-Tea, 2:00-4:00PM, MRC**
Travel the world by tasting tea from all around the world. Pop into the MRC for some tea, snacks, and a chance to mingle amongst each other! Let's end the semester right! A special surprise is waiting for you at the event :) Faculty & Staff are welcome to join.
- 02 Thursday Talk, 2:00-3:00PM, MRC**
Learn about the Asian History in Hollywood! Take a deep dive into the entertainment world by hearing about the history made from Asian figures despite the industry's discrimination.
- 03 Movie Night: Hidden Figures, 7:00-9:00PM, PSU Theater**
Join us for a film uncovering the incredible, untold story of a brilliant group of women of color who changed the foundation of mathematics and NASA's approach to sending people into space.

To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at multiculturalprograms@missouristate.edu. Please notify us 1-2 weeks prior to the events.

Missouri State OFFICE of MULTICULTURAL PROGRAMS **LGBTQ+ STUDENT SERVICES**