



# Weekly

## NEWSLETTER

January 16, 2024

### Welcome Back!

Welcome back and Happy New Year, Scholars! We hope your winter break was great and that you were able to enjoy it to the fullest. This semester is full of fun and amazing events, group connects (dates coming soon), and service opportunities. There will be more events being offered in the evening hours this semester to help reach more students. There will even be an event held on a Sunday! The monthly event calendars for Spring are included, so start planning ahead to get your events completed as soon as possible. Have a great semester!

### We're Social

Follow us on social media for new and up-to-date information

- Multicultural Services (@mostatems)
- Multicultural Programs (@mostatemp)

### Toolbelts and Bowties Volunteers Still Needed

Volunteers are still needed for the annual Toolbelts and Bowties Calling Campaign for Habitat for Humanity. There will be a training session held on Thursday, Feb. 1st from 6:00pm - 8:00pm in PSU 315. Please sign-up to attend this training at the following link:

<https://forms.gle/RUrsQscB4LnVrx4s7>. This an easy and great opportunity to complete service hours without having to leave your dorm/apartment/home. All you need is a reliable phone with service.





## **!New! Bear Up Mentor Program**

IES and TRIO Upward Bound at MSU are partnering together to create the inaugural Bear Up Mentor Program (B.U.M.P.) this spring. Nicholas Horne, Director of TRIO Upward Bound, will give an informational meeting about this new program on Friday, January 26th via Zoom at 1:00 PM. See the flyer below for more information about this program and how to RSVP to the meeting. B.U.M.P. is an opportunity for scholars to work with local high school students to earn their service hours as well as building leadership skills. If you have any questions, please contact Mr. Horne at [nhorne@missouristate.edu](mailto:nhorne@missouristate.edu).



**Nicholas Horne**

## **Mark Your Calendars**

### **President & Students Inclusivity Discussion**

- Wed., Feb. 28
- 3:30p - 5:00p
- PSU 400 - Union Club
- Topic: TBD

## **UPCOMING EVENTS!**

All events hosted by Multicultural Programs are posted in Blackboard for the entire spring semester. Plan ahead by taking a look at the events for each month so you are not caught trying to get your event requirements in at the last minute. Group Connect dates and times will be posted and communicated very soon.

Follow Multicultural Services (@mostatems) and Multicultural Programs (@mostatemp) on social media to find the latest information regarding events and other fun activities going on.



# BEAR UP Mentor Program

Learn more about  
TRIO Upward Bound at  
MSU:  
[trio.missouristate.edu](https://trio.missouristate.edu)

Have you ever been apart of an organization like Big Brothers, Big Sisters, Boys and Girls Club, scouts? Have experience as a camp counselor or youth group leader? Mentors are needed to assist high school students in our TRIO Upward Bound Program.

Students studying education, psychology, social work, sociology, or business are preferred, but all with interest are welcome. Prior youth experience is helpful, prior TRIO experience will be considered as well. Mentors must have reliable transportation. All mentors will receive background checks

## INFORMATIONAL MEETING

- Friday, January 26, 2024
- 1:00 PM
- Zoom: [bit.ly/IESTRIO](https://bit.ly/IESTRIO)
- **RSVP:** <https://forms.office.com/r/pys2sf9cvw>

*TRIO Upward Bound provides a college preparation program for Springfield high school students from Parkview, Central, and Hillcrest.*

**Missouri  
State**

INCLUSIVE  
EXCELLENCE  
SCHOLARS

**TRIO**  
UPWARD BOUND



# Toolbelts and Bowties



CALLING CAMPAIGN  
VOLUNTEERS NEEDED

Volunteer from the comfort of  
your own home!

Training will be Feb. 1, 2024  
PSU 315

6:00 PM - 8:00 PM

To sign up, click the "Toolbelts  
and Bowties Calling  
Campaign" link at:

<https://linktr.ee/msuHabitat>

**Missouri  
State**  
OFFICE of  
MULTICULTURAL  
SERVICES

  
Missouri State University  
**Habitat  
for Humanity**  
Campus Chapter

Direct Link to sign up for training:  
<https://forms.gle/RUrsQscB4LnVrx4s7>

# JANUARY EVENTS



**Missouri State**

OFFICE of  
MULTICULTURAL  
PROGRAMS

LGBTQ+  
STUDENT SERVICES



CAMPUS  
RECREATION

## **Inclusive Yoga** **2:00-3:00PM, Rec Center**



**23**

Join the Multicultural Resource Center staff in some mindful yoga at the Rec Center. Created with accessibility and comfort in mind for our students. Let's start the semester right! Event is sponsored by the MRC and the REC center. All students welcome.

**25**

## **Cha-Tea** **2:00-4:00PM, MRC**

Travel the world by tasting Native American tea. Pop into the MRC for some tea, snacks, and a chance to get to know the MRC staff & ask questions. Faculty & Staff are welcome to join.

## **Welcome to My Thrift Shop** **1:00-3:00PM, MRC**

Hey, you want to go thrift shopping? Come check out our FREE shoes, jewelry, coats, shirts, pants, professional wear, and more that will be on display in the MRC! All students are welcome!

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To individuals who need special services, assistance, or appropriate modifications to fully participate in these events, please indicate by contacting the Office of Multicultural Programs at [multiculturalprograms@missouristate.edu](mailto:multiculturalprograms@missouristate.edu). Please notify us 1-2 weeks prior to the events.





# FEBRUARY EVENTS

01

## Thursday Talk: Bag Life, MRC, 1:00-2:00 PM

Join our graduate assistant to talk about the experiences of black student entrepreneurs.

06

## Multicultural Love Panel, PSU 315, 5:00-6:30 PM

Listen to our panelists discuss multicultural love and hear from couples of different identities and generations. Faculty & Staff are welcome to join.

13

## Chat Tea with RHA, MRC, 1:00-3:30 PM

Partnered with RHA, come enjoy an array of tea and snacks over friendly conversation! Faculty & Staff are welcome to join.

15

## Canvas Painting, PSU Food Court, 5:30-7:00 PM

Take on the task of painting a one-of-a-kind masterpiece while enjoying and singing along to hip-hop and R&B music.

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## Movie Night w/SAC, PSU Theatre 7:00-9:00 PM

Watch a LGBTQ+ friendly movie and enjoy some snacks!  
Sponsored by SAC & the MRC.

20

## Speaker Night w/SAC, PSU Theatre 7:00-8:00 PM

Hear from our Black History Month speaker. Stay tuned for the mystery speaker!  
Sponsored by SAC & the MRC. Faculty & Staff are welcome to join.

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## Love, Sex & Relationships, MRC, 3:00-4:00 PM

Partnered with MSU's Psychology department, come discuss the depths between love, sex, and relationships!

23

## Sneaker Ball, PSU Ballroom, 7:00-10:00 PM

Dress in your best formal attire and sneakers and attend the hip-hop sneaker ball!



OFFICE of  
MULTICULTURAL  
PROGRAMS



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